

**Hilton Head Island**  
 South Island Square Plaza  
 841 William Hilton Parkway  
 open daily 7:00 – 2:00  
 Phone: 843-686-3353



**Bluffton**  
 Sheridan Park (near the DMV)  
 17 Sherington Dr  
 open daily 7:00 – 2:00  
 Phone: 843-815-5300

**Breakfast Sandwiches**

Served on choice of bagel, wheat, marble rye or sourdough croissant add \$0 .50 or create your own sandwich. Additional sides of egg, sausage, bacon, or ham \$1.75 additional toppings \$0.50

**Good Morning \$3.50**

Egg, cheese

**Low Country \$4.50**

Egg, cheese, bacon, sausage or ham

**Jersey Breakfast \$4.50**

Egg, cheese, pork roll (Taylor Ham )

**The Maple \$4.50**

On a cinnamon raisin bagel; egg, provolone, maple syrup, sausage

**Island Omelet \$4.50**

Egg, cheese, sausage, green peppers, tomato

**Vegetarian Omelet \$4.50**

Egg, cheese, tomato, onion, green peppers

**Nova & Cream Cheese \$6.50**

Nova Scotia smoked salmon, cream cheese  
 add capers, onions & tomato \$.50 each

**Steak & Egg Sandwich \$7.00**

Roast beef, egg, cheddar and mayo

*Additional sides of egg, sausage, bacon or ham, \$1.75  
 Additional toppings \$.50*

**Bagels & Cream Cheese**

**Authentic New York Style Boiled Bagels**

Poppy	Plain
Salt	Cinnamon raisin
Onion	Sesame
Everything	Multigrain
Chocolate Chip	Blueberry
Pumpernickel	Garlic
Sun-Dried Tomato	Asiago
Jalapeno	

Single \$1.10 Half Dozen \$6.00

Dozen \$12.00

**Bagel and Butter \$1.45**

**Bagel & Plain Cream Cheese \$2.20**

**Bagel and Salmon Spread \$2.95**  
 Cream cheese blended with ground Nova Scotia smoked salmon

**Bagel with Flavored Cream Cheese \$2.70**

**Flavored cream cheese:**

**Cream cheese to go**

Plain: 2oz \$1.00 8oz \$3.50

Scallion	Blueberry
Veggie	Spinach & roasted
Honey walnut	red pepper
Garlic & herb	Chipotle
Jalapeno	Chocolate Chip
Sun dried tomato	Salmon spread
Cinnamon sugar	Martini olive
Strawberry	

Flavored: 2oz \$1.50 8oz \$4.50

Salmon: 2oz \$2.00 8oz \$5.00

**Pastries**

**Muffins \$1.75**

Blueberry, banana nut, chocolate

**Cinnamon Rolls \$2.25**

**Cookies \$1.00**

**Scones \$1.95**

Blueberry, raspberry with white chocolate, apple cinnamon

**Danish \$1.75**

Cherry or cheese

**Coffee & Beverages**

**Coffee (Free Refills)**

16oz \$1.80 20oz \$2.25

Regular, hazelnut, vanilla bean and decaf

Espresso, Cappuccinos, Lattes, Mochas

Flavored regular and sugar-free syrups available

**Handmade Hot Chocolate \$2.75**

**Hot Tea 16oz \$1.50**

Lipton regular or decaf

**TAZO Flavored Teas 16oz \$1.95**

**Cold Beverages**

Fountain Sodas 20oz \$1.95 (Free Refills)

Juices and Milk \$1.50 - \$1.95

Chocolate Quick \$1.75

Bottled Water \$1.50

20oz Bottled Soda \$1.95

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## Salads

### Garden Salad \$4.00

tomatoes, onions, cucumber and green peppers on a bed of leaf lettuce

with tuna, chicken or egg salad \$7.00  
with hand pulled turkey, pastrami  
smoked ham or salami \$7.50

Dressings: ranch, blue cheese, Italian,  
balsamic vinaigrette, Russian  
extra dressing or additional toppings  
add \$.50

## Signature Sandwiches

*Includes choice of Miss Vickie's Chips  
or homemade pasta salad*

### Signature Sandwich \$7.50

Pulled turkey with sun dried tomato  
cream cheese, lettuce & tomato on a  
hoagie roll. Served hot

### Rocket's Special \$8.50

Prime rib, scallion cream cheese, on-  
ion, provolone cheese on a hoagie roll.  
Served hot

### Our Favorite \$8.00

Pulled turkey, bacon, provolone  
cheese, plain cream cheese, lettuce, to-  
mato, onion and avocado on a hoagie  
roll. Served hot

### Steak & Egg Sandwich \$8.50

Certified angus roast beef, egg, ched-  
dar cheese, and mayo served on a  
hoagie roll. Served hot

### Kitchen Sink \$8.50

Certified angus roast beef, ham, pulled  
turkey, american cheese, lettuce, to-  
mato, onion and dorothy dressing on a  
hoagie roll. Served hot

### The Italian \$8.00

Pastrami, salami, pepperoni, ham,  
lettuce, tomato, onion, black olives,  
italian dressing & provolone cheese on  
a hoagie roll. Served hot

### The Mega Veggie \$7.00

Lettuce, tomato, onion, banana  
peppers, black olives, green peppers,  
cucumbers, sprouts, avocado, choice of  
cheese, and lite veggie cream cheese on  
a hoagie roll. Served cold

### Pizza Bagel \$6.50

Open face bagel with pizza sauce and  
melted cheese. Add pepperoni \$1.00

### Chicken or Tuna Bagel Melt \$7.00

Open face bagel with chicken or tuna  
salad, tomato and melted cheese

### Four Cheese Melt \$6.00

Cheddar, swiss, provolone & mozzarel-  
la melted together on choice of bread

### Classic BLT \$6.00

Crispy bacon, lettuce, tomato and  
mayo on your choice of toasted bread

### PB & J \$2.95

On your choice of bread

## Sandwiches

*Served with lettuce, tomato, onion,  
mayo, yellow or spicy mustard on  
your choice of: any bagel, hoagie  
roll, rye, wheat or sourdough bread.  
Cheese: American, Swiss, cheddar,  
pepper jack or provolone  
Wheat or sun-dried tomato wrap  
add \$.50*

### Hand Pulled Turkey \$7.50

### C.A.B. Roast Beef \$8.00

### Pastrami \$7.50

### Corned Beef \$7.50

### Smoked Ham \$7.50

### Salami \$7.00

### Chicken Salad \$7.00

### Tuna Salad \$7.00

### Egg Salad \$7.00

### Pimento Cheese \$5.50

*all served with your choice of chips  
or pasta salad or a cookie.  
additional side \$1.50  
additional topping \$.50*

Island Bagel & Deli

[www.islandbagelanddeli.com](http://www.islandbagelanddeli.com)